



Purification is of the highest importance when welcoming and maintaining *Energy Health*.

Purification supports the mind, the physical body and the spiritual body.

Purification via worship ensures the landscape of one's life is freed of drama, toxic feeds and undetected causations to behaviour that may fluctuate the mental landscape.

Purification is understood across faiths, and occurs in various ways.

Purification is possible through the worship of the following in the Buddhist faith (see table).

The states of the deities reflected in representations, speak of transactional responses and cognizant energy appreciations that are 'active' – Subtle-body work and purification is an incredible support to the Wellbeing of the worshipper. Purification is also a part of "passage determination", through the pledge of the Buddhist path into one's life.

	Worshipped for	Mantra
Avalokitesvara	Compassion, Protection	Om mani padme hum
Vajrapani	Purification, Protection	Om Vajrapani hum
Maa Tara	Benevolence, protection	Om hrim strim hum phat
Tara	Healing, protection, spiritual growth	Om tare tuttare ture svaha
Vajrakilaya	Purification, protection	Om vajra kili kilaya sarva bighanen bam humg phat

Vajrasattva	Purification, healing	Om vajrassattva hum
Hayagriva	Protection, healing	Om hirh Padman ta tra vajra krodha Hayagriva hula hula hum phat
Medicine Buddha	Healing	Om bekanje bekanje mah benkanje randza samongate svaha
Kalachakra	10 fold power symbol	Om ah hum ho ham ksa malavaraya hum phat
Black Tara	Protection	Om tare tutture ture sarva vidya avarana ye bhye phat svaha.
Manjushri	Wisdom	Om a ra pa ca na dhii
Shakyamuni	Wisdom, purification	Om muni muni Shakyamuni svaha
Vairochana (5 Dhyani Buddhas)	Purification	Om namo bhagavata sarva durgate parishudhane rajaya tathagataya arahatay samya sambuddhaya tadyatha om sodhane shodhane sarva papam vishodhane shudhe vishudhe sarva karma avarana vishodhanaya svaha
Akshobya (5 Dhyani Buddhas)	Purification	Namo bhagavata akshobhaya tathagatayarhate amyaksan buddhyaya tadyatha Om kami kami rotsani rotsani trotani trotani trasani trasani pratihana pratihana sarva karma paramparanime sarva sattvaadye svaha
Ratnasambhava (5 Dhyani Buddhas)	Purification	Om ratnasambhava tram
Amitabha (5 Dhyani Buddhas)	Purification	Namo amitabhaya thatagataya tadyatha Amrtabhava Amrtasambhava Amritarikrantagamini Gagana kirtichare svaha
Amoghasiddhi (5 Dhyani Buddhas)	Purification	Om ami dewa hrih

Keywords

**Worship
Purification
Respect for the Divine
Wellbeing**

Freedom from Darkness
Responses to Illness, Disease & Black Magic
Responses to Spirit Activity unwelcomed
Shrine & Prayer
Thangka & Auspicious objects (Vajre)

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