

Love Permeation, where we Begin & Return.

Conscious clearing involves building our Love permeation throughout ones own Mind, Body & Energy Field.

These belief statements can be said as a prayerful connection, whilst also visualising arrows of emotional love to connect to sites on the body and in energy field.

**Love is constant.
Love is not choosy.
Love is an ever-present, ongoing force.
Love never forgets.
Love permeates.
Loves responds to other emotions that hold us back, reviewing and replenishing the energy.
Be with the energy of permeation.
Refill the cup, your capacity, your splendour.
See beauty arrows and a lively colour of choice going into the very foundations of your being, expanding and negotiating space for Loves' presence.
See yourself loved, loving, and growing love again. So as to return to the initial phase and in cycle.
The energy field reflects the body, both harmonious and with flow. I know love strongly.**

Repeat this exercise twice a day for a week and replenish with visualisation to bring in Return acumen and Cyclical conscious history. The more you do it, the more you may find your energy shifts into a regulatory state of positive love formation work. You are vibrating love.

Please know that Love isn't Positivity alone. It is an opposing force and creation to hate, fear, doubt and low trust.

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