

The logo for Sienna Art Space is set within a white rectangular box with a thin orange border. The background of the entire page is a close-up photograph of a tree trunk with green, round leaves and lichen. The text 'S I E N N A' is written in a large, red, serif font, with each letter spaced out. Below it, 'A r t S p a c e' is written in a smaller, black, serif font, also with spaced-out letters. At the bottom of the box, 'Art School & Holistic Care' is written in a smaller, black, sans-serif font.

S I E N N A

A r t S p a c e

Art School & Holistic Care

**Welcome to 2024 || Edition 1, 2024**

This year offers opportunity to find one's north star. Now is the time to dream and dream well. It is important to Live a Colourful Life.

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## **Emu Dreaming & the stars**

Dreams are 'constructed consciousness'. They have the quality of being collected and not collectable; hard to grasp. Dreams are an energy both in our nocturnal journeying or day respite - those shallow and more in depth cognitions for energy unravelling. Dreams are also those created projections of more abstract content and [real] configurations housed within touchable achievement.

**How do we grapple with the luxury of a dream?**

**How do we understand the operational content – flexible, weaving, and distinct?**

Knowing is relative perception making itself understood through created landscapes of cultural storytelling. We lend our observation's focus to drawing knowing from those divinational constructs, either projected, projecting, or both simultaneously. This abstraction lies in the reveal through the stars, seeing spaces as opportunity currents and offering depth, truth and alignment.

**The Emu breathes through the space between the stars.**

*Art School & Holistic Care*

*Professional Art Studio & Art Experiences*

# Immerse yourself in Creativity



## Emotional Goals

### A Closer Look at Transmutation & Transformation

*Intentional Healing* is a significant attribute for those aware of their journey. It is one thing to be on a path with an enthusiasm and vested insight, rather than the same path with a different emotional gearing.

An *'aware' practitioner* constructs vision and ascertains direction by forwarding motion, with particular ideas, inputs and outcomes in mind. We create with emotional goals. Practical attainment relies on an understanding of two important key concepts and arrival awarenesses.

**Transmutation**, referring to alchemical change recognizes a completely new state based on configurations from the outset and new 'inputs' ( conditioning ).

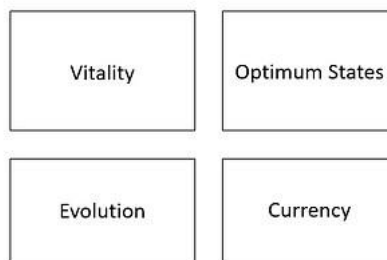
**Transformation**, referring to new recognitions explores composite contributes that configure small to large changes. Implied is an integral shift stage for growth, called into action by the arrival of some 'timely' phase.

Whether similar or conferring to an equivalent, each are valuable healing scenarios or mandatory exposures to life.

#### How does this apply to Creativity?

We birth 'new' and rebirth 'old', 'passing' and 'transient' contributes in passage frequently that they tidal-and-tumble. Output is the generative like a tumble-weed of contextual composites yielding new form.

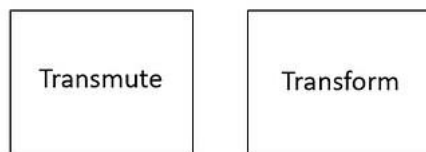
These are some common Energies to work with:



Developing trajectories lends itself to Grasshoppers, and also suggested familiarity with efficiency. In order for the emotional jump to be efficient, it requires strong fluency and technique ( optimum realization in technique ), In order for the flame to inspire resonance and transmute old into new, their needs to be an awareness of not just refresh but current relevancy in phase. The above key words help to support energy movement, a bit like the invocation of the Phoenix that seasons and rebirths.

Working energetically with words is a form of 'energy work'. We state the intention to focus, hone in on and meditate on the qualities of **word-lifeforce**.

Consider how you can build your competency and realisations at work when indulging practically with words.



**In practice, to what extent do you transform?**

**In practice, to what extent do you need to transmute energy?**

These are relevant questions for all Creatives ( keeping in mind that we all create in a multitude of ways ).

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**Sienna Art Space is now an Art School & Holistic Care provider as of 2024.**

**What motivated the change?**

Future services offer support through the Therapeutic Arts, holistic healing and Counselling.

Art as therapy is a modality for exploration, and we see Spiritual care as a vehicle for change. Resources and support form part of delivery and objectives beyond covid-19. At current, Studio remains closed until a new premises becomes available.

As always, Sienna Art Space continues to value Education in the community setting, along with authentic art practice, that is 'hands on practical alignment' to drawing and painting where Artists grow their potential best. Our broader definition is a way of underscoring how our services are enhanced, to reflect diversity of service and identify the spectrum of participants.

Wishing you all the very best and for there to be beautiful colour in your lives,

Erin Kathleen Muir xxoo