



The Gourd is recognised for it's **healing awareness**.

Gourds are actually fruits of the *Cucurbitacae family* and it is the nature of their hard shells of the bottle gourds that lend them to be great for the making of **Instruments**.

These include the shekere that is used in Yoruba (African) percussion. It is a dried gourd with cowrie shells or beads (weaves as netting). The shaking action of the instrument is not overated.

Gourds are also fashioned into other instruments such as Ipu (gourd drum), afoxe, and kalimbras.

The *healing vibration* of the gourd is in it's *vessel nature and adoration by people*.

Vessels are used for the transport of water, food, & elements of various kinds - making them not just for cooking but also lifestyle broad use.

Gourds are also *transformed* through artistic processes - print making, carving and shaping.

One outcome being **lanterns**.

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